

Alexander S. Rowland M.D.

D.O.B: 16 Dec. 1968

Birthplace: San Antonio, Texas

Board Certified American Board of Orthopaedic Surgery	2005
ABOS Recertification	2014

Medical License

Medical Board of Texas	4/1999-present
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Post Graduate Employment

Medical Director of Sonterra Surgery Center San Antonio, TX.	2009-present
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Concentra San Antonio, TX	2012-present
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San Antonio Orthopaedic Group San Antonio, TX.	7/2002-present
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Committees

Peer Quality Review TSAOG	2009-present
Professional Standards Sonterra Medical Management	2009-present
Bexar County Medical-Legal Liaison Committee	2015-present
Baptist Peer Review Committee	2016-present

Post Graduate Education

Hand and Upper Limb Fellowship University of Western Ontario London, Ontario, Canada	7/2005-7/2006
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Foot and Ankle Fellowship Roger A. Mann, M.D. Oakland, CA	1/1/2003-6/30/2003
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Residency

University of Texas Health Science Center, San Antonio Dept. of Orthopaedic Surgery	7/1997-5/2002
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Experience

England Exchange Program 11/1999-2/2000
Addenbrooke's Hospital Cambridge, England

Medical Education

Tulane University, Medical School 1993-1997
New Orleans, Louisiana

Undergraduate Education

University of Texas San Antonio 5/1993
Bachelor of Science, Biological Sciences

Publications

Lateral Ulnohumeral Joint Space Widening is Not Diagnostic of Radial Head
Arthroplasty Overstuffing. Journal of Hand Surgery Am, Vol 32, Issue 5, p637-41
May-June 2007

Presentations

AO ASIF Basic Course for OR Personnel
Internal Fixation of Foot and Ankle Fractures - San Antonio, TX 8/12/08
The Elbow in Throwing Sports, 34 Annual Symposium on Sports Medicine
SATX, UTHSC 1/19/07
Lateral Ulnohumeral Joint Space Widening is Not Diagnostic of
Radial Head Arthroplasty Overstuffing – Canadian Orthopaedic Assoc. 6/01/06
AO ASIF Basic Course for OR Personnel
-Fixation of Proximal Femur Fractures 2/05/05
-Internal Fixation of Foot and Ankle Fractures - San Antonio, TX 2/06/05
Periprosthetic Fractures of the Hip 2/2002
Talus Fractures 11/2001
Surgical Approaches to the Humerus 10/2001
Avascular Necrosis of the Hip 9/2001
Shoulder Instability 7/2001
Evaluation and Treatment of Hand Fractures 7/2001
Lytic Lesions of Bone 3/2001
Pediatric Neuromuscular Disorders; Diagnosis and Management 11/2000
Management of Pediatric Femur Fractures 8/2000
Evaluation and Treatment of Bunions 9/1999
Femur Fractures and Management 2/1999
Tumors of the Hand 12/1998
Benign Tumors of the Hand 10/1998

Organizations and Societies

AAOS 1998-present

American Medical Association	1993- 2009
Texas Medical Association	1998- present
Bexar County Medical Society	1999- present
San Antonio Orthopaedic Society	2000- present
Alamo Orthopaedic Society	1999- present
American Foot and Ankle Society	2004- 2005
Freshman Orientation Committee	1994-1996
APA (American Physicians Association)	1993-1996
TOSIG (Tulane Orthopaedic Surgery Interest Group)	1993-1997

Honors and Awards

Leonard Marmor Surgical Arthritis Foundation Award	6/2002
Roy Davis Award	6/2002
Deans List	1991-1993

Volunteer Experience

Honduras Missionary Hospital	1997
TB Screening for the Homeless	1995-1997
SHOTS FOR TOTS	1995-1997
Substitute Teaching for Winston School for Troubled Teenagers, San Antonio, TX	1992-1993
Metropolitan Hospital ER, San Antonio, TX	1990
Mylams Center for the Severely Handicapped, Lubbock, TX.	1989

Professional Courses Attended and CME

JBJS Quarterly CME Oct,Nov,Dec 2015 10 AMA PRA category 1	2/9/16
ASSH 70th Annual Meeting 22.50 AMA PRA cat 1 credits	9/8-12/15
TMLT 2014 Volume 5 - TMLT's Closed Claims: An opportunity to learn Title: 2.5 AMA PRA cat 1 credits	4/18/14
TMLT Avoiding seven common malpractice pitfalls 2.5 AMA PRA Category 1 Credits	4/18/14
2011 Pain management-clinical and legal perspectives Texas Medical Liability Trust 2.5 AMA PRA Category 1 credits	6/10/14

ASSH 2014 What Every Hand Surgeon Should Know About The Wrist; Austin ,Tx 14.25 AMA PRA Category 1 credits	5/02/14
Orthobullets MOC 84 Day Study Plan 106.5 AMA Category 1 credits	4/13/14
JBJS CME 2: April,May,June 2013 Self-Assessment 10 SAE AMA category 1 Credits	10/13/13
JBJS CME 1:January,February,March 2013 Self-Assessment 10 SAE AMA category 1 Credits	7/16/13
JBJS CME 4:October,November,December 2012 Self -Assessment 10 SAE AMA PRA category 1credits	4/12/13
JBJS CME 2: April,May,June 2012 Self -Assessment 10 SAE AMA PRA category 1credits	10/7/12
JBJS CME 1: January,February,March 2012 Self -Assessment 10 SAE AMA PRA category 1credits	7/11/12
JBJS CME 4: October,November,December 2011 Self -Assessment 10 SAE AMA PRA category 1credits	4/11/12
ASSH 2012 Electives in Hand Surgery NOLA 16 AMA PRA Category 1 credits	2/24/12
JBJS CME 3: July,August,September 2011 Self -Assessment 10 SAE AMA PRA category 1credits	1/11/12
ASSH 2011 Comprhensive Review in Hand and Upper Extremity Chicago, 22.25 AMA PRA Category 1 Credits	7/14/11
ASSH self assessment Exam 20 CME	6/10/11
Safety for Life Training Methodist Hospital System 1.00 Credit	1/12/11
AAOS online Examinations 2008 Anatomy Imaging 10 CME	2/10/10

2008 Upper Extremity Examination 15 CME	2/11/10
2008 Musculoskeletal Tumors 10 CME	3/02/10
Annual Hand Surgery Conference Philadelphia 12 th Annual Symposium 22 AMA Category I CME	March 6-8 2010
ACLS Renewal Class, Metropolitan Methodist 8 AMA PRA Category I Credits San Antonio, TX	8/20/09
ASSH Self Assessment Examination, 20 AMA PRA Category I Rosemont, IL	7/31/08
Ethics "Texas Medical Board Complaints and Investigations" San Antonio, TX 1 AMA PRA Category 1 Credits	4/12/08
Mayo Clinic College of Medicine Advanced Elbow Surgical Skills Course Elbow Arthroplasty 14.00 category 1 CME	5/16-17/08
ASSH 62 nd Annual Meeting, 25.25 AMA PRA Category I	9/26-29/07
ASSH Self Assessment Examination, 20 AMA PRA Category I Rosemont, IL	7/27/07
IIUES International Institute for Upper Extremity Surgery Arthroplasty Training Workshop MCP,PIP,CMC,DRUJ,Radial Head Austin, TX	6/2/07
Mayo Clinic Disorders of the Wrist, Mayo Clinic, Rochester, Minnesota 21 AMA PRA Category 1	5/18/07
Mayo Clinic Anatomy of the Wrist Rochester, MN 7.5 Category 1	5/17/07
2007 Annual Meeting, American Academy for Orthopaedic Surgeons San Diego, California 31 CME Category I	2/14-18/07
Zimmer Elbow Day Conrad/Morrey Total Elbow Rochester MN, Methodist Hospital Mayo Clinic	8/24-25/06
61 st Annual Meeting of the Canadian Orthopaedic Association	

40 th Annual Meeting of the Canadian Orthopaedic Research Association Toronto, Ontario, Canada	22 CDP Category I	6/2/2006
Mayo Clinic College of Medicine Advanced Elbow Surgical Skills Course The Stiff Elbow Rochester, MN	12 CME Category I	5/19/2006
7 th Annual Mayo Clinic – “Teach the Teachers” Advanced Elbow Surgical Skills Course Elbow Trauma Rochester, MN	10 CME Category I	5/20/2005
State University of New York Treatment Options for Difficult Fractures: A New Technology San Antonio, TX	6.50 CME Category I	4/2/2005
Methodist Healthcare System Complications of Total Shoulder Arthroplasty San Antonio, TX	1.0 CME Category I	01/03/2005
Methodist Healthcare System Management of Multi-Trauma Patient San Antonio, TX	1.0 CME Category I	11/22/2004
Methodist Healthcare System Metal-On-Metal THA San Antonio, TX	1.0 CME Category I	10/11/2004
4 th Biennial AAOS/ASES Shoulder and Elbow Current Techniques and Controversies Course Monterey, CA	17 CME Category I	10/2004
Methodist Healthcare System Complicated Fractures of the Lower Extremity Involving the Foot and Ankle San Antonio, TX	1.0 CME Category I	9/27/2004
Methodist Healthcare System – Medical Ethics Course You’ve asked for an ethics consult. What happens next? San Antonio, TX	1 CME Category I	9/22/2004
6 th Annual May Clinic “Teach the Teachers” Advanced Elbow Surgical Skills Course		

Elbow Instability Rochester, MN	9.5 CME Category I	5/2004
Upstate Medical University Concepts in Locked Plating: A Trauma Symposium San Antonio, TX	6.5 CME Category I	1/2004
Orthopaedic Surgery Monday Morning Conferences University of Texas Health Science Center at San Antonio San Antonio, TX	7 CME Category I	6/2003-12/2003
Masters Technique in Shoulder/ Rosemont Chicago		8/2003
Arthroscopy Association of North America – Shoulder Arthroscopy		6/2003
70 th Annual Meeting, American Academy for Orthopaedic Surgeons New Orleans, LA		2/2003
69 th Annual Meeting, American Academy for Orthopaedic Surgeons Dallas, TX		2/2002
Chicago Trauma Symposium		6/2001
Treatment of the Foot and Ankle Review Course		10/1998
American Orthopaedic Foot and Ankle Society Orthotics and Prosthetics Short Course, Dallas, TX		9/1998
New Technology and Techniques in Orthopaedic Trauma		1/1998