

# PRESCRIPTION FOR OUTPATIENT PHYSICAL/OCCUPATIONAL/INDUSTRIAL THERAPY SERVICES

# Quarry Area

The Orthopaedic Institute 400 Concord Plaza Dr. Ste 130 San Antonio, TX 78216 (210) 804-5531 Fax (210) 804-5501

#### **Medical Center**

Santa Rosa NW Tower I 2829 Babcock Rd, Ste 710 San Antonio, TX 78229 (210) 396-5270 Fax (210) 396-5271

#### Stone Oak

Stoneterra Medical Plaza 150 E Sonterra Blvd. Ste 300 San Antonio, TX 78258 (210) 489-7270 Fax (210) 403-2425

#### **Westover Hills**

Westover Hills Medical Plaza I 11212 State Hwy 151, Ste 150 San Antonio, TX 78251 (210) 804-5564 Fax (210) 804-5599

### Schertz

Schertz Parkway Professional Plaza 5000 Schertz Pkwy, Ste 600 Schertz, TX 78154 (210) 804-5676 Fax (210) 804-5674

# **Brooks City Base**

Mission Trail Medical Plaza 3327 Research Plaza Dr, Ste 404 San Antonio, TX 78235 (210) 396-5330 Fax (210) 396-5333

### New Braunfels

Resolute Retail Plaza 601 Creekside Xing, Ste 106 New Braunfels, TX 78130 (210) 630-4637 Fax (210) 630-4626

Patient Name:	Acct #:
Diagnosis of Injury:	DOI:
Surgical Procedure:	Surgery Date:
Evaluate and Treat For:(1-5) Visits Per Wee	k for(1-6) Weeks
Next Scheduled Doctor's Appointment:	
Specific Instructions and/or Precautions:	
The above patient is under my care and the services	s requested are medically necessary.
Physician's Signature	Date
Modalities  ☐ As indicated / per PT ☐ Paraffin ☐ Hot/cold pack ☐ Ultrasound	Manual Therapy  ☐ Massage ☐ Soft tissue mobilization ☐ Spinal / joint mobilization ☐ PROM / AAROM
<ul> <li>□ Electrical stimulation</li> <li>□ NMES</li> <li>□ TENS issue and setup</li> <li>□ Contrast bath</li> <li>□ Other:</li> </ul>	Industrial Rehabilitation  ☐ Functional Capacity Evaluation (FCE) ONLY ☐ Work Conditioning (Daily) — includes FCE for entry
Therapeutic Exercises / Activities  ☐ As indicated / per PT ☐ AROM ☐ Strengthening ☐ Pre-op exercise ☐ Neuromuscular re-ed ☐ Proprioceptive training ☐ Other:	Work Hardening (Daily) – includes FCE for entry  WorkSmart at Grayson Heights Grayson Heights 1422 East Grayson St, Ste 102 San Antonio, TX 78208 (210) 396-5256 Fax (210) 396-5309