

David R. Espinoza, MD

150 E. Sonterra Blvd. #300
San Antonio, TX 78258

PROFESSIONAL EXPERIENCE & TRAINING

- **The San Antonio Orthopaedic Group (TSAOG Orthopaedics)** Nov. 2019 - Present
Primary Care Sports Medicine Partner - San Antonio, TX
- **University of Pittsburgh Physicians Group** Sept. 2017 - Dec. 2019
Department of Orthopaedic Surgery - Faculty
Primary Care Sports Medicine Division. Pittsburgh, PA
- **University of Pittsburgh** Sept. 2017 - Dec. 2019
 - Assistant Professor. Pittsburgh, PA
 - Co-Coordinator & Instructor of Musculoskeletal Ultrasound Curriculum for the UPMC Primary Care Sports Medicine Fellowship
- **University of Pittsburgh Medical Center** July 2016 - June 2017
Primary Care Sports Medicine Fellowship. Pittsburgh, PA
 - ABFM Certificate of Added Qualification in Sports Medicine - 2017
 - Pennsylvania Full Physician License #MD462194
 - ImPACT Concussion Training Certification
 - Musculoskeletal Ultrasound Diagnostics & Procedures Training
- **Christus Santa Rosa** July 2013 - June 2016
Family Medicine Residency Program. San Antonio, TX
 - American Board of Family Medicine Certified - 2016
 - Texas Full Physician License #Q4946

EDUCATION

- **The University of Texas Medical School at Houston** Aug. 2009 - May 2013
Doctor of Medicine. Houston, TX
- **The University of Texas at Austin** Aug. 2005 - Dec. 2008
Bachelor of Arts - Biology, Minor - Chemistry. Austin, TX
- **Sharyland High School** Aug. 2001 - May 2005
Graduate. Mission, TX

SPECIALTY EXPERIENCE

- **Co-Head Team Physician** Aug. 2018 - Oct. 2019
Robert Morris University Athletics. Moon, PA
 - Primary Teams: Division I Football, Hockey and Olympic Sports
- **Co-Head Team Physician** Sept. 2017 - Oct. 2019
Pittsburgh Passion Professional Women's Football Team - Pittsburgh, PA
- **Supervising Team Physician** Sept. 2017 - Dec. 2019
Penn State University - Greater Allegheny - McKeesport, PA

- **Associate Team Physician** Sept. 2017 - July 2018
Robert Morris University Athletics. Moon, PA
 - Primary Teams: Division I Men's Hockey and Men's Basketball
- **Co-Head Team Physician** Sept. 2017 - June 2018
Penn Hills High School - Penn Hills, PA
- **Head Finish-Line Physician** May 2018
Susan G. Komen Pittsburgh Race for the Cure - Pittsburgh, PA
- **Assistant Team Physician** July 2016 - June 2017
University of Pittsburgh Athletics. Pittsburgh, PA
 - Primary Teams: Division I Men's Football and Men's Wrestling
- **Assistant Team Physician** July 2016 - June 2017
South Park High School - South Park, PA
- **Medical Board Physician and Medical Captain** Jan. - May 2017
The Pittsburgh Marathon - Pittsburgh, PA
- **Assistant Finish-Line Physician** May 2017
Susan G. Komen Pittsburgh Race for the Cure - Pittsburgh, PA
- **Ring-Side Physician** Mar. 2017
2017 Pittsburgh Wrestling Classic - Pittsburgh, PA
- **Ring-side Physician** Feb. - Mar. 2017
WPIAL Wrestling Tournament - Canonsburg, PA
- **Assistant Rink-side Physician** Feb. 2017
Women's National Hockey League All-Star Game - Pittsburgh, PA
- **Medical Board Physician** Nov. 2016
Pittsburgh EQT 10-Miler - Pittsburgh, PA
- **Assistant Medical Captain** Aug. 2016
Pittsburgh Triathlon & Adventure Race - Pittsburgh, PA
- **Assistant Sideline Physician** July 2016
Women's Professional Football Championship Game - Pittsburgh, PA
- **Resident Sideline Physician** May 2016
San Antonio Missions Minor League Baseball Club - San Antonio, TX
- **Resident Team Physician** Sept. 2014 - Nov. 2015
Brennan High School - San Antonio, TX
- **Resident Ringside Physician** Feb. 2015
Boys & Girls Club Golden Gloves Boxing Tournament - San Antonio, TX
- **Resident Team Physician** Oct. 2014 - Feb. 2015
Incarnate Word University Men's & Women's Basketball - San Antonio, TX

- **Resident Team Physician** Nov. 2014 - Feb. 2015
AHL San Antonio Rampage Hockey Team - San Antonio, TX
- **Resident Physician** May 2014 - May 2016
San Antonio Area High School Sports Physicals Program - San Antonio, TX
- **Resident Physician** Aug. 2013 - Jan. 2016
Sports Medicine Associates of San Antonio Saturday Morning Injury Clinic
San Antonio, TX

PROFESSIONAL MEMBERSHIPS

- NATIONAL ASSOCIATIONS -

- **Arthritis Foundation** 2018-2019
o Pittsburgh Local Chapter Medical Honoree
- **American Medical Society for Sports Medicine** 2014 - Present
o ID# 5933
- **American Academy of Family Physicians** 2013 - Present
o ID# 9015355
- **American Medical Association** 2013 - Present
o ID# 04814130709

- STATE ASSOCIATIONS -

- **Pennsylvania Academy of Family Physicians** 2017 - Present
- **Texas Academy of Family Physicians** 2013 - 2016

BOOK CHAPTERS

- **Espinoza, D, Sisk, T, Chiampas, G, & Mares, A.** Return to Play in Asthma and Pulmonary Conditions. *Return to Play in Football: An Evidence-based Approach.* Springer. 2018.
- **Espinoza, D, Gasbarro, G, Lesniak, B, Sakr, M.** Quadriceps Tendon (Proximal and Distal). *Tendinopathy: From Basic Science to Clinical Management.* Springer Science + Business Media. Pending Publication.
- Gonzalez, A, Mares, A, **Espinoza, D.** Pulmonary. *Clinics in Sports Medicine: Top 10 Primary Care Training Room Conditions.* Springer. Pending Publication.

POSTER PRESENTATIONS

- Wilson, Everett, **Espinoza, D, Sakr, M.** "Is Volleyball A Contact Sport?" Clinical Case Poster. American Medical Society for Sports Medicine Annual Conference - Orlando, FL. April, 2018.
- **Espinoza, D, Mares, A.** "A Catch That Takes Your Breath Away - Tension Pneumothorax in a D-1 Football Player." Clinical Case Poster.

American Medical Society for Sports Medicine Annual Conference - San Diego, CA. May, 2017.

- Wong, M, **Espinoza, D**, Doperak, J. "Red Card! Facial Trauma in a Male Soccer Player Associated with Residual Facial Numbness." Clinical Case Poster. American Medical Society for Sports Medicine Annual Conference - San Diego, CA. May, 2017.

PERSONAL INFORMATION

- Languages: English and Spanish
- Interests: Running, biking, sailing, kayaking, carpentry, piano, photography, travel, cinema, musical concerts, family and friends.