

A photograph of surgeons in an operating room, wearing blue scrubs, masks, and caps, focused on a patient. The image is partially obscured by a dark green diagonal overlay on the left side.

TSAOG  
2018  
ANNUAL  
REPORT



SINCE 1947  
**TSAOG**  
ORTHOPAEDICS

*Experience. Innovation. Expertise.*

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# 2018: TSAOG Year In Review

In 2018, TSAOG Orthopaedics (formerly The San Antonio Orthopaedic Group) marked its 71st year of providing orthopaedic services to San Antonio and the South Texas community.

Since its inception in 1947, TSAOG has continued to adapt and grow to meet the changing needs of our patients.

In 2018, the Group had:

- Seven clinic locations in and around San Antonio, TX
- One of the largest ambulatory surgery centers in the country
- OrthoNow – a walk-in clinic for injuries so our patients can avoid a trip to the ER

Major developments in 2018 included:

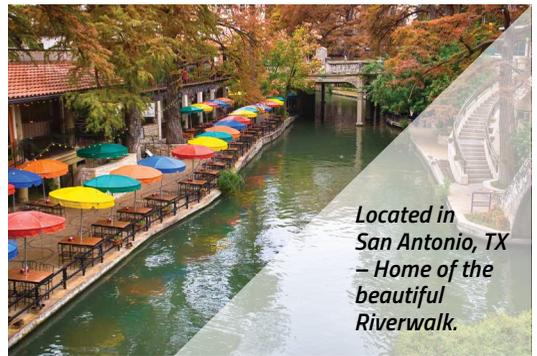
- The onboarding of two new surgeons – upper extremity specialist Dr. Anthony Montanez and spine specialist Dr. Matthew Swann
- The retirement of Dr. Paul Pace – hand and wrist specialist and long-time member of TSAOG

TSAOG continues to recruit talented physicians not only to meet increasing demand for high-quality orthopaedic care, but also to expand our services. Of course, as our Group continues to expand, so must our facilities. In 2019, we look forward to:

- Opening a freestanding location for our WorkSmart Industrial Rehabilitation Program
- Breaking ground on the Ridgewood Orthopaedic Center, TSAOG's second flagship location slated to open in November 2020
- Being back in-network with Blue Cross and Blue Shield of Texas, effective 01/01/2019

As one of the largest orthopaedic groups in South Texas, it is our responsibility to provide the best care possible and to take the lead in adopting and developing innovations that improve our patients' lives. We want to lead the charge in delivering quality outcomes, so we collect quality care metrics to help quantify our successes and identify areas of opportunity.

We hope you enjoy TSAOG's 2018 Annual Report.



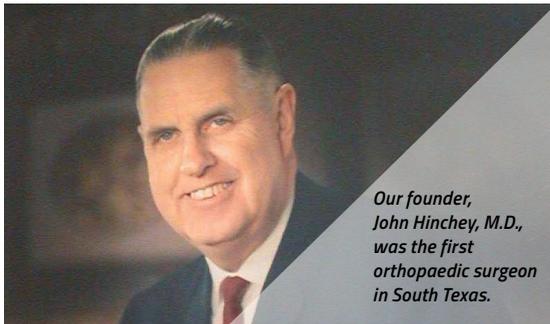
*Located in  
San Antonio, TX  
– Home of the  
beautiful  
Riverwalk.*



# Our History

John Hinchey, M.D., the first orthopaedic surgeon in South Texas, founded The San Antonio Orthopaedic Group in 1947. During his early years, he traveled to hospitals as far west as Midland and as far south as Brownsville, carrying his own instruments with him, so he could perform surgeries.

Over the years, Dr. Hinchey grew his practice by partnering with a number of well-respected surgeons who all shared his vision of providing the highest quality orthopaedic, medical and surgical care to the San Antonio and South Texas community. Drs. Phil Day, Spencer Rowland, and Lamar Collie spent their entire careers as partners in Dr. Hinchey's practice.



In 2001, the Orthopaedic Surgery Center of San Antonio was established in order to provide patients with a state of the art outpatient surgical facility. The Orthopaedic Institute also includes one of our 7 clinics spread out over the greater San Antonio area. Unlike traditional medical practices, our physicians rotate between clinic locations, providing the convenience of multiple options for patients.

In 2017, our physicians voted to adopt the name TSAOG Orthopaedics to embrace who we have become and honor how we got here.

Today, TSAOG Orthopaedics continues Dr. Hinchey's vision with 36 orthopaedic specialists that are experienced, skilled and subspecialty trained to treat and care for the full range of musculoskeletal disorders.

## Happy Retirement, Dr. Pace!



*Dr. Paul Pace – hand and wrist specialist and long-time member of TSAOG – retired from private practice, effective June 30th, 2018.*

*Dr. Pace joined TSAOG in 1998 and served as an important leader in our practice for 20 years. He was a driving force in the merger of four separate San Antonio orthopaedic practices into what is now TSAOG, a tireless worker on the TSAOG Management Committee, and led TSAOG's physician recruitment efforts for many years.*

*Despite an incredible appetite for work, Dr. Pace will always be known as a fun-loving guy who brightened everyone's day with his Mardi Gras and Fiesta celebrations, a diehard Spurs fan, and a devoted family man.*

*Congratulations to Dr. Pace on an incredible career with TSAOG. We will all miss him very much.*



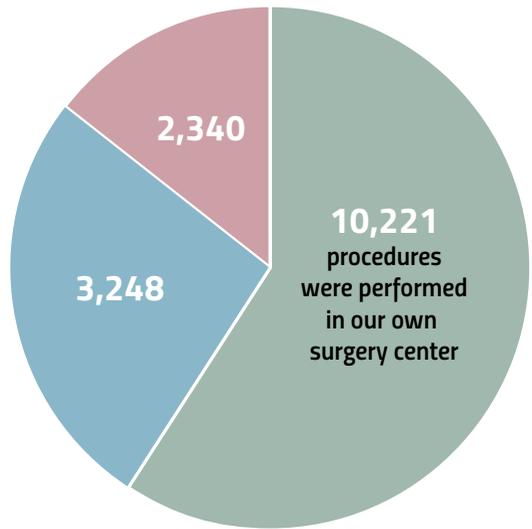
# Physician Owned Model

*“Our Vision-  
To serve our community for  
generations to come.”*

In 2018, TSAOG Orthopaedics marked its 71st year of providing orthopaedic services to San Antonio and the South Texas community. We believe the longevity of the group is directly related to being physician-owned.

Instead of being owned by a hospital system or affiliated with an academic institution, we partner with those organizations, giving us the flexibility to meet patient demand for healthcare that is of the highest quality and value. Maintaining our independent ownership and embracing the knowledge and experience our physicians bring to the table allows us to make decisions for our patients— and our group— based on best practices.

*“Our Mission-  
To be trusted for patient care, based  
on our experience and traditions, as  
we have since 1947.”*



*In 2018, we treated 107,299 established patients and 30,068 new patients.*

**TSAOG Total Surgical Procedures- 15,809 → A 10% INCREASE FROM 2017**

- Outpatient
- Inpatient
- Ortho Surgery Center SA



# Joint Replacement

The physicians at TSAOG Orthopaedics are dedicated to reducing your pain and restoring mobility to your joints. We will evaluate your specific case and discuss your options for treatment. If surgery is recommended, our joint replacement specialists will work with you to ensure the best possible outcome. The physicians of TSAOG Orthopaedics currently offer:



**PARTIAL KNEE REPLACEMENT**  
**TOTAL KNEE REPLACEMENT**



**TOTAL HIP REPLACEMENT**



**TOTAL SHOULDER REPLACEMENT**  
**REVERSE SHOULDER REPLACEMENT**



**TOTAL ANKLE REPLACEMENT**

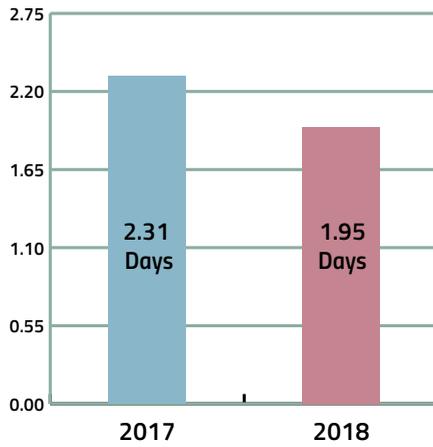


**TOTAL ELBOW REPLACEMENT**

In 2018, TSAOG physicians performed 1,721 total hip and total knee replacement procedures. This represents a 26% increase from 2017 total hip and total knee replacement procedures. In addition to these, TSAOG performed 126 partial knee replacements and 96 revision knee replacements in 2018. Through our partnership with local hospitals, we are able to track numerous outcomes for total joint replacement procedures.

An appropriate length of stay is an important measure for all inpatient surgical cases, but even more so for total joint replacements (TJR). Research shows that TJR patients not only recover more quickly when they return home, but risks of infection and other complications are reduced as well.

## Length of Stay for Joint Replacement Procedures



The average length of stay for a TSAOG total hip or total knee replacement patient was 1.95 days in 2018, down from 2.31 days in 2017.

## Readmission Rate

<b>HIP</b>	<b>1.4%</b>
<b>KNEE</b>	<b>0.87%</b>
<b>NATIONAL AVERAGE</b>	<b>4.0%</b>
<b>In 2018, ONLY 0.10% of TSAOG total hip and total knee replacement patients experienced surgical site infections (SSIs).</b>	

In 2018, just 1.4% of TSAOG hip replacement patients and 0.87% of TSAOG knee replacement patients had to be readmitted to the hospital within 30 days of discharge. These rates compare favorably to the national average of 4.0% for hip and knee replacement surgery.\*

\*Source: Hospital Compare

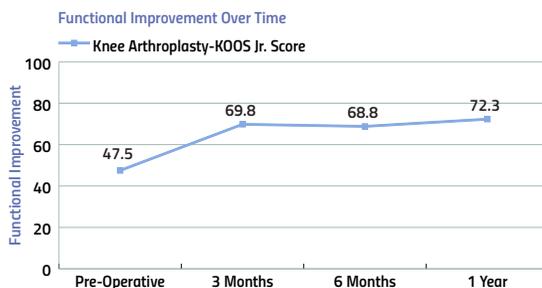


*"I had a total knee replacement 5 weeks ago. Dr. Kaiser and his staff have been wonderful during the entire process! From the initial consultation and now during my recovery. He is extremely knowledgeable and I would highly recommend him."*

Quote obtained from [vitals.com](https://www.vitals.com)

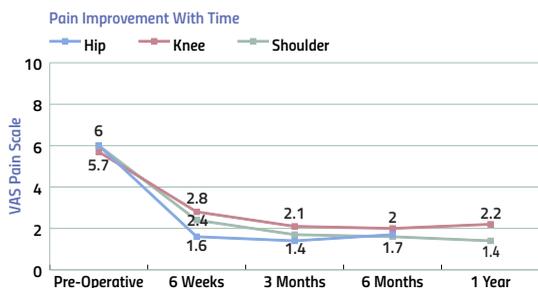
**What are outcomes?** Simply put, outcomes are the results of your treatment. They can include your perception of everything from increased mobility to pain reduction to improved quality of life, as well as objective measurements your provider captures at your visits. These measurements help us to determine the effectiveness of a specific treatment for a specific condition or injury.

### Functional Improvement for Knee Replacement

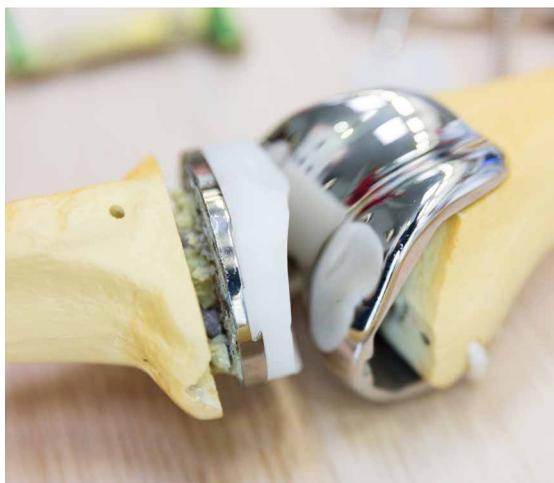


Functional improvement scores for Knee Replacement are captured using the Knee Injury and Osteoarthritis Outcome Score, Junior (KOOS, JR.). KOOS, JR. scores range from 0 to 100 and incorporate aspects of both pain and functional ability, where 0 represents total joint disability and 100 represents perfect knee health. Ideally, they will show an increase over time.

### Total Joint Replacement



Pain scores are captured using the Visual Analog Pain Scale (VAS) and range from 0 to 10. They measure the degree to which pain limits or interferes with daily life. Ideally, they will show a decrease in pain over time.



### Functional Improvement for Shoulder Replacement



Functional improvement scores for Shoulder Replacement are captured using the American Shoulder and Elbow Surgeons Shoulder Score (ASES). ASES scores range from 0 to 100 and incorporate aspects of both pain and functional ability, where 0 represents total joint disability and 100 represents perfect shoulder health. Ideally, they will show an increase over time.



# Sports Medicine

Our sports medicine physicians are board-certified (or board eligible) orthopaedic surgeons who have completed additional specialty training in the comprehensive medical and surgical care of sports-related injuries and conditions. No matter your sport, no matter your skill level, if you've pushed your body past its limit and need a little help getting back in the game, our physicians are here to help.

***"I saw Dr. Taber for a shoulder injury back in 2012. I had suffered a broken humerus from a severe car crash. His stellar treatment and expertise led to a complete recovery. When I recently started experiencing disturbing, chronic pain in my knee, I again sought out Dr. Taber to diagnose what was going on. He was able to effectively identify the probable cause of the knee pain and has started me on a treatment that has produced immediate improvement. Without hesitation, I recommend Dr. Taber to anyone undergoing acute or chronic joint pain or who has experienced traumatic bone injury."***

*Quote obtained from healthgrades.com*

***"Dr. Balldin was fantastic throughout every step of my pre and post-opt surgery procedures. He is very compassionate, and extremely knowledgeable. He is a leader in the industry for labral tears in the hips. I highly recommend Dr. Balldin to anyone who has a chance to employ his services."***

*Quote obtained from google.com*

***What are outcomes?*** Simply put, outcomes are the results of your treatment. They can include your perception of everything from increased mobility to pain reduction to improved quality of life, as well as objective measurements your provider captures at your visits. These measurements help us to determine the effectiveness of a specific treatment for a specific condition or injury.

## Hip, Knee, and Shoulder Arthroscopy



Pain scores are captured using the Visual Analog Pain Scale (VAS) and range from 0 to 10. They measure the degree to which pain limits or interferes with daily life. Ideally, they will show a decrease in pain over time.

### SPORTS MEDICINE



B. CHRISTIAN BALLDIN, M.D.



S. JOSH BELL, M.D.  
Board Member



STEPHEN S. BURKHART, M.D.  
President



THOMAS M. DEBERARDINO, M.D.

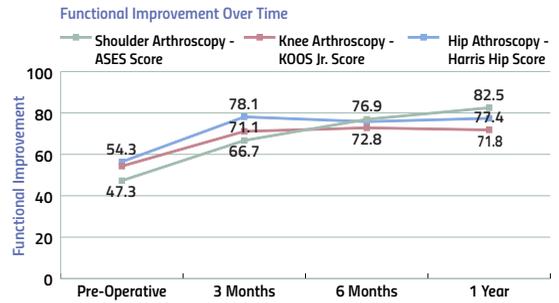


ROBERT U. HARTZLER, M.D.



*We believe that you shouldn't have to be a professional athlete to be treated like one.*

### Shoulder, Hip, and Knee Arthroscopy



Functional improvement scores for Knee, Hip, and Shoulder Arthroscopy are captured using the Knee injury and Osteoarthritis Outcome Score, Junior (KOOS, JR.), Modified Harris Hip Score (M-HHS), and the American Shoulder and Elbow Surgeons Shoulder Score (ASES), respectively. All three scores range from 0 to 100 and incorporate aspects of both pain and functional ability, where 0 represents total joint disability and 100 represents perfect joint health. Ideally, they will show an increase over time.



BRYAN W. KAISER, M.D.



G. LANE NAUGHER, M.D.



CLAYTON W. NUELLE, M.D.



ELOY OCHOA, JR., M.D.



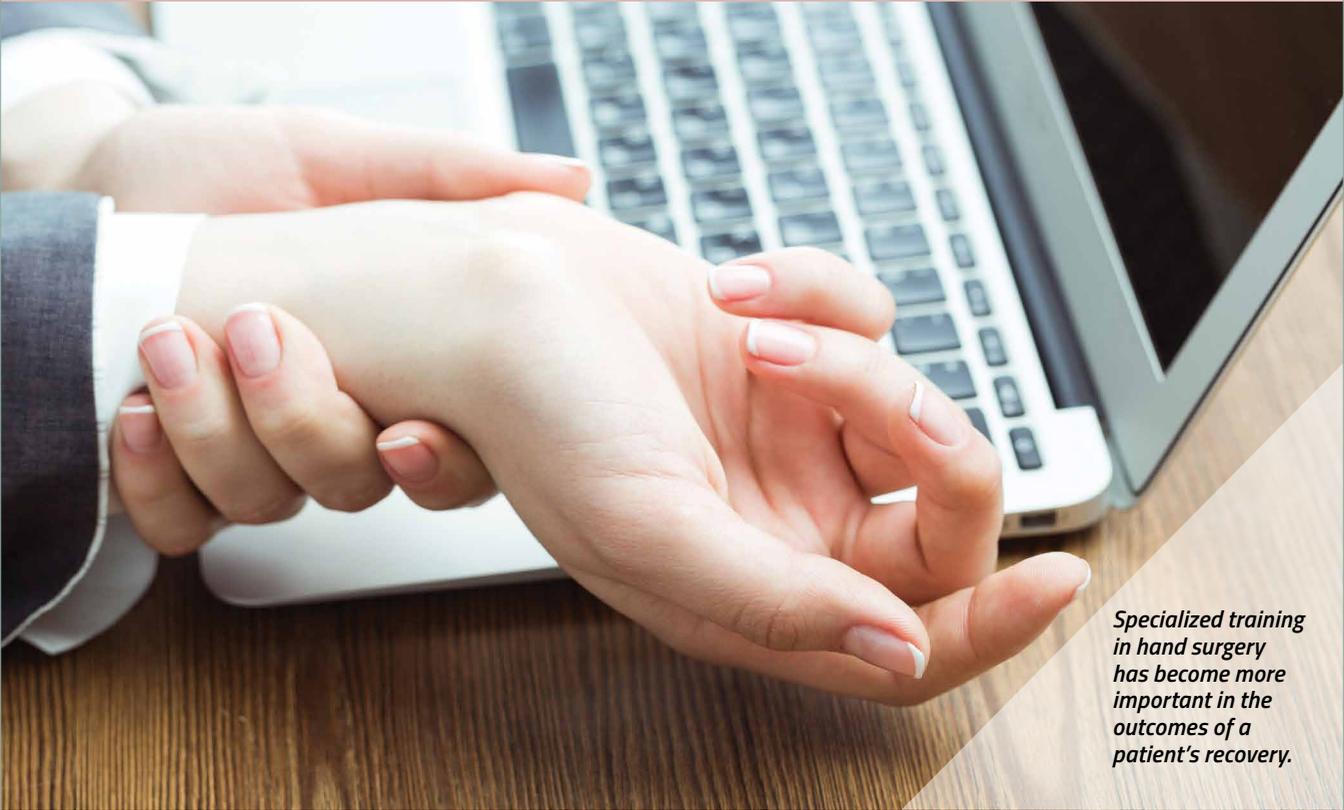
CASEY D. TABER, M.D.  
Board Member



BRAD S. TOLIN, M.D.  
Board Member



# Hand Institute



*Specialized training in hand surgery has become more important in the outcomes of a patient's recovery.*

In order to perform daily activities such as getting dressed, typing, or lifting objects, our hands require sensation and movement. These activities involve a delicate balance of nerve, vessel, tendon, bone and joint function. The surgeons of the Hand Institute at TSAOG Orthopaedics are specialists dedicated to restoring the function of hands damaged by injury or disease through surgical and non-surgical treatments. As surgical techniques in the upper extremity have become more refined and complex, specialized

training in hand surgery has become more important in the outcomes of a patient's recovery. Each of the hand surgeons at TSAOG Orthopaedics has had an additional year of fellowship training beyond the medical school and five to seven years of residency training.

Just as our Hand Surgeons received specialized training, we employ staff that also undergo extended education in order to refine their area of expertise.

## HAND, WRIST, AND ELBOW



STEPHEN C. DRUKKER, M.D.  
Board Member



ANTHONY MONTANEZ, M.D.  
Joined 2018



PAUL D. PACE, M.D.  
Retired 2018



ALEXANDER S. ROWLAND, M.D.



CHRISTIAN A. WOODBURY, M.D.

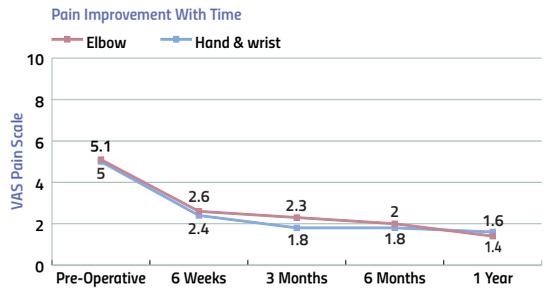


This investment means that they possess the most current techniques and training to diagnose and treat your symptoms, and improve your rehabilitation.

Our Certified Hand Therapists are specially trained to evaluate and administer treatment of the hand and upper extremity in order for our patients to regain the ability to perform the activities of work and daily life. Hand Therapists utilize intricate knowledge of the hand, wrist, elbow, and shoulder to prevent dysfunction, reverse the progression of disease, and promote healing of injured structures to restore function. The goal of a certified hand therapist (CHT) is to plan and execute treatment that will return the patients treated to the highest possible level of independence in daily activities.

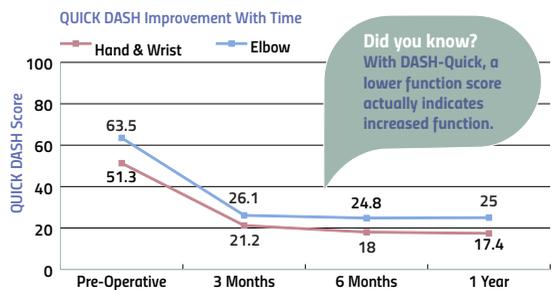
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### Elbow and Hand & Wrist Procedures



Pain scores are captured using the Visual Analog Pain Scale (VAS) and range from 0 to 10. They measure the degree to which pain limits or interferes with daily life. Ideally, they will show a decrease in pain over time.

### Outcomes Scores for Hand & Wrist and Elbow



Our outcomes scores for hand, wrist, and elbow conditions are recorded using the Disabilities of the Arm, Shoulder, and Hand Score (DASH-Quick). DASH-Quick scores range from 100 (unable to perform task) to 0 (can perform with no difficulty). Ideally, they will show a decrease over time, indicating an increase in functional ability.



# Foot and Ankle Institute

The foot is an intricate structure containing 26 bones, 33 joints, 107 ligaments, 19 muscles and tendons, which hold the structure together and allow it to move in a variety of ways.

The Foot and Ankle Institute at TSAOG Orthopaedics has assembled a team of specialists, including board-certified orthopaedic surgeons – fellowship trained in conditions of the foot, ankle, and lower leg – and podiatrists to offer comprehensive medical and surgical treatment of foot and ankle conditions for patients of all ages.

*"I highly recommend Dr. Marx. His work is impeccable and his concern for his patient's welfare before and after surgery is well appreciated. His skill in surgery shows in the outstanding outcome. I am so glad I chose him for my surgery."*

*Quote obtained from google.com*

## Orthopaedic Surgeon vs. Podiatrist

The choice of which kind of doctor to see for your foot and ankle concerns is largely a matter of personal preference and choosing the doctor with whom you feel most comfortable. Though both kinds of specialists treat many of the same conditions, their training is different. Our orthopaedic foot and ankle specialists have completed:

- 4 years of medical school (to become an M.D. or a D.O.)
- 5 years of residency in orthopaedic surgery
- At least 1 additional year of fellowship training in conditions of the foot, ankle, and lower leg

Our podiatric specialists have completed:

- 4 years of podiatric medical school (to become a D.P.M.)
- 3 years of residency in podiatric medicine



### ORTHOPAEDIC SURGEONS

From common foot problems like bunions and hammertoes to complex reconstructions and total ankle replacements.



### COMPREHENSIVE CARE

Our team of specialists is available to treat a wide range of foot and ankle conditions for patients of all ages.

## ORTHOPAEDIC FOOT AND ANKLE



**MARVIN R. BROWN, M.D.**  
Vice President, Managing Partner



**KEVIN L. KIRK, D.O.**

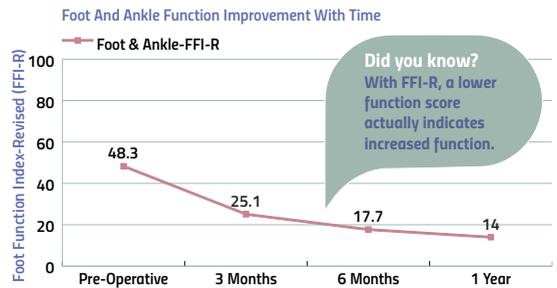


**RANDALL C. MARX, M.D.**



**What are outcomes?** Simply put, outcomes are the results of your treatment. They can include your perception of everything from increased mobility to pain reduction to improved quality of life, as well as objective measurements your provider captures at your visits. These measurements help us to determine the effectiveness of a specific treatment for a specific condition or injury.

### Outcomes Scores for Foot & Ankle Procedures



### Foot & Ankle Procedures



Our outcomes scores for foot and ankle conditions are recorded using the Revised Foot Function Index (FFI-R). FFI-R scores range from 100 (unable to perform task) to 0 (can perform with no difficulty). Ideally, they will show a decrease over time, indicating an increase in functional ability.

Pain scores are captured using the Visual Analog Pain Scale (VAS) and range from 0 to 10. They measure the degree to which pain limits or interferes with daily life. Ideally, they will show a decrease in pain over time.



### PODIATRISTS

From ingrown toenails and heel pain to bunions and foot fractures.

### PODIATRY



DAVID HUGHES, D.P.M.



JESSICA RUTSTEIN, D.P.M.



# General Orthopaedics

General orthopaedists are the family physicians of specialty orthopaedic care. Rather than limiting their practice to specific areas of the body, they are skilled diagnosticians who treat a wide range of musculoskeletal conditions for both adult and pediatric patients.

Not all orthopaedic practitioners have the same qualifications. Our surgeons:

- Are board-certified in orthopaedic surgery.
- Have completed medical school and five or more years of orthopaedic internship and residency training.
- Are required to maintain their board-certifications through continuing medical education and re-examinations.
- At TSAOG Orthopaedics, our surgeons' extensive educational training provides them with a solid clinical background to coordinate the treatment of each patient on a case by case basis using state-of-the-art care.



***"Dr. Hibberd is an excellent doctor who really cares about his patients and spends so much time with them! He asks a lot of questions and makes sure you understand what is going on and what your options are. He even called me to see how I was doing after the appointment... Seriously, who does that these days? I would recommend him to anyone looking for a caring, professional physician! Thanks, Dr. Hibberd!"***

*Quote obtained from [vitals.com](http://vitals.com)*

***"Dr. Richard Ursone is an outstanding, skilled and professional orthopedic physician in this field. His entire TSAOG team is also very attentive and prompt as a medical health group. I have had 3 separate unrelated orthopedic surgeries in the past 7 years with Dr. Ursone and all have been successful top-notch outcomes (shoulder, knee and hip) with no issues. The positive outcomes are attributed thanks mainly to Dr. Ursone's knowledge and expertise. I would never have any other physician treat my orthopedic needs. I always recommend him and the TSAOG group to all of my friends. I guarantee you will not be disappointed with this great group especially with Dr. Richard Ursone."***

*Quote obtained from [healthgrades.com](http://healthgrades.com)*

***"First visit with Dr. Valdez. I didn't know what to expect, but was very pleasantly surprised. He was accompanied by a young colleague or medical student to whom he explained everything he did. Very personable and extremely knowledgeable, he laid out options and explained the benefits of each. I had a badly swollen knee that needed to be drained. I was dreading having that done, but Dr. Valdez completed the procedure with almost no pain at all, while he explained what he was doing to me and the med student. It actually was fascinating."***

*Quote obtained from [google.com](http://google.com)*

## GENERAL ORTHOPAEDICS



RONALD W. CONNOR, M.D.



FRANK J. GARCIA, M.D.



ALAN E. HIBBERD, M.D.



RICHARD L. URSONE, M.D.



DANIEL C. VALDEZ, M.D.



SERGIO VIROSLAV, M.D.  
Vice President, Board Member



# Back and Neck Surgery

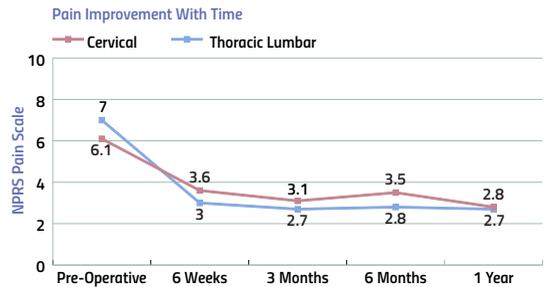
Back pain is an extremely common condition. In fact, 8 out of 10 people will suffer from back pain at some point in their lives. Persistent back pain or neck pain can affect your quality of life and limit you from doing the things you want to do, but many people delay seeking treatment for fear they will be told they need back surgery.

However, surgery is a last resort and the majority of back pain cases can actually be approached and treated non-surgically. TSAOG Orthopaedics has assembled a team of back pain specialists, including chiropractors, non-surgical physicians, and orthopaedic surgeons to ensure that we can provide comprehensive care for your back pain or back injury. The back pain specialists at TSAOG Orthopaedics will work with you to identify the cause of your back pain and develop a custom care plan to get you back to living your life without pain.

In cases where surgery is required, our back specialists are ready to help. TSAOG Orthopaedics is proud to offer three spinal surgery specialists, all of whom are orthopaedic surgeons who have completed additional fellowship training in back and neck surgery.

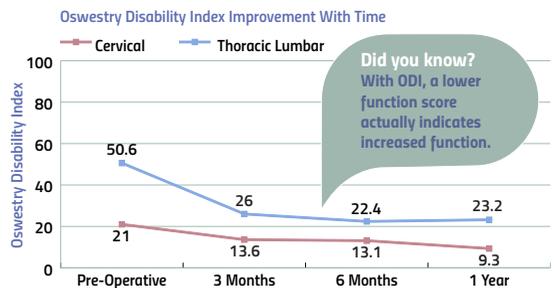
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## Spine Procedures



Pain scores are captured using the Numeric Rating Pain Scale (NRPS) and range from 0 to 10. They measure the degree to which pain limits or interferes with daily life. Ideally, they will show a decrease in pain over time.

## Outcomes Scores for Spine Procedures



Our outcomes scores for spine procedures are recorded using the Oswestry Disability Index (ODI). ODI scores range from 0 (can perform most daily activities) to 100 (completely bedbound). Ideally, they will show a decrease over time, indicating an increase in functional ability.

### ORTHOPAEDIC SPINAL SURGERY



ADEWALE O. ADENIRAN, M.D.



JONATHAN S. DUNCAN, M.D.



MATTHEW C. SWANN, M.D.  
Joined 2018

*“Dr. Swann, very personable, knowledgeable and went out of his way to explain in detail my prognosis. Couldn't have asked for a better first time experience with a new provider. Strongly recommend Dr. Swann for any and all your issues.”*

*Quote obtained from google.com*



# Pain Management

A Pain Management Specialist is a physician who has undergone special training in the diagnosis, evaluation, and treatment of pain. At TSAOG Orthopaedics, our pain management specialists will work with you to create a comprehensive treatment program to reduce your pain and restore your function – without surgery.

Pain Management Specialists work to identify the cause of your pain so that it can be addressed at the source, rather than just managing your symptoms. Treatment could involve a wide range of nonsurgical approaches, including physical therapy, medication, or injections. In the event that surgery is required to address the root cause of your pain, our specialists can refer you to an appropriate surgeon.

***"I went to many orthopedic surgeons and a couple of pain management doctors, and none of them found out what was wrong with my wrist like Dr. Brenman. He takes his time in the room talking to you, unlike other pain management doctors who want to see as many patients as they can to make money. Great staff and great clinic! Truly couldn't have asked for a better doctor or staff! He will be my go-to doctor from now on for pain management! Thank you, Dr. Brenman."***

*Quote obtained from healthgrades.com*

***"One of the best physicians ever! I work with physicians every day, and I am so grateful to be a patient of Dr. Grewal's! She takes time to listen and then research, diagnose, and treat with genuine compassion. She is professional and kind, who could ask for more in a healthcare provider and advisor...team mate? Thank you, Dr. Grewal, for managing my CRPS with me. You are the best!"***

*Quote obtained from healthgrades.com*



## PAIN MANAGEMENT



EPHRAIM K. BRENNAN, D.O.



PRABHDEEP K. GREWAL, M.D.



# Chiropractic Care



Chiropractors are medical professionals who diagnose and treat disorders of the skeletal and neurological systems - specializing in non-invasive (non-surgical) pain management and restoration of skeletal function by utilizing manual medicine and chiropractic technique. They pay special attention to the physiologic and biochemical aspects of the body, including structural, spinal, musculoskeletal, neurological, vascular and nutritional relationships.

Chiropractic care is a unique approach to the application of both orthopaedics and neurology. Chiropractors do not prescribe medication or perform surgery. However, in those patients who require additional care, they work directly with orthopaedic specialists in order to provide the most comprehensive spinal care possible.

*"I have been to other chiropractors in the past; however, Dr. Nicholas Nira is fantastic. He is a specialist in his field, a very nice and professional chiropractor who has done more for me in the few times I have seen him than others. He has made my back feel much better, and I am thankful."*

*Quote obtained from google.com*

## **BENEFITS OF CHIROPRACTIC CARE:**

- Offers a safe, non-surgical, drug-free treatment option for many types of spinal injuries/conditions for people of all ages.
- Works to identify the underlying cause of a spinal condition, correct the problem, and maintain long term spinal health.
- Works in concert with Pain Management Physicians and Orthopaedic Spine Surgeons to provide comprehensive spinal care options for all patients.

## **CHIROPRACTIC CARE**



**NICHOLAS NIRRA, D.C.**  
Joined 2018



**SCOTT R. SEIDEL, D.C.**



# Ancillary Services

Part of our Total Care model includes offering all our patients access to our ancillary services, which include imaging centers, casting and bracing services, and physical and hand therapy. The Therapy Services Institute at TSAOG Orthopaedics provides optimal rehabilitation programs for sprains/strains, fractures, arthroscopic procedures, joint replacements, and surgery. Our patients are educated in a functional approach toward their therapy. Our goals are to focus on maximum functional recovery and to educate the patient in how to manage their recovery and prevent re-injury.

## Total Ancillary Services

PT/OT	82,544
IMAGING	9,696

TSAOG Orthopaedics Industrial Rehabilitation Program focuses on the physical and behavioral rehabilitation of injured workers. Our goal is to return employees to the workplace in a safe and rapid manner using job-specific rehabilitation techniques.

Whether you are seeking therapy as a conservative treatment method, in preparation for an upcoming surgery, or to help you recover following a surgical procedure, our licensed therapists and staff will

work together to optimize your functional potential. Effective communication and open dialogue with our physicians also assist in your recovery and healing process.

We currently offer orthopedic therapy services at 7 locations in and around San Antonio, TX, including:

- Hand Therapy (HT)
- Physical Therapy (PT)
- Industrial Rehabilitation (IR)



## MUSCULOSKELETAL RADIOLOGY



ANDRES RAHAL, M.D.

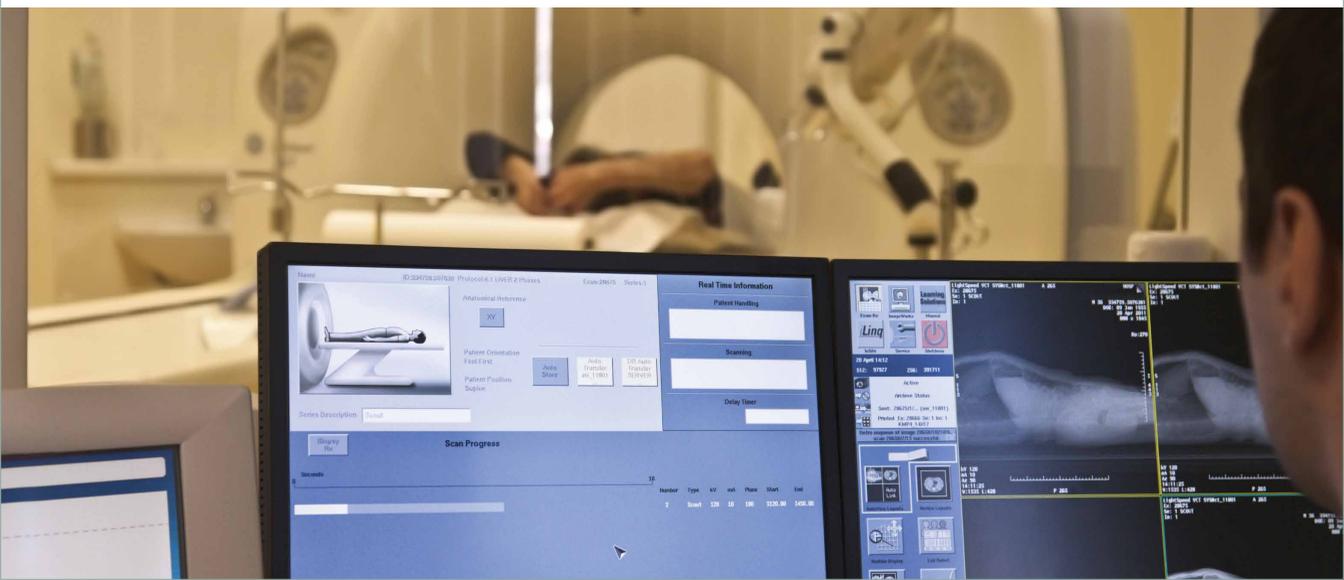


*Our imaging centers are state-of-the-art, ACR-accredited facilities.*

TSAOG Orthopaedics Imaging Centers are state-of-the-art, ACR-accredited facilities. This quality designation indicates our ability to meet or exceed superior national standards. Our imaging center team is well qualified, through education and certification, to perform and interpret your medical images. The Imaging Centers at The San Antonio Orthopaedic Group offer non-invasive and painless diagnostic procedures through Magnetic Resonance Imaging (MRI) or Computerized Tomography (CT) to be completed for your diagnostic workup. These imaging services allow your physician to confirm bone and soft-tissue injuries or diseases that may not be found by a regular x-ray or physical exam.

**Imaging Procedures**

CT	1,245
MRI	8,451





# OrthoNow Injury Clinic

## OrthoNow Injury Clinic

Our walk-in injury clinic provides immediate access to specialty care, with shorter wait times compared to the ER or a general urgent care clinic. We welcome patients of all ages with urgent orthopaedic concerns. OrthoNow bills as a specialty office visit, not as an urgent care or ER visit, saving you money.

## Same-Day Specialty Urgent Care

TSAOG created the OrthoNow Injury Clinic to provide same-day specialty care for urgent orthopaedic conditions including:

- Sprains and strains
- Broken bones
- Minor dislocations
- Sports injuries
- Tendon and ligament injuries

## Skip the ER, Skip the Hassle

OrthoNow is a great alternative, offering:

- Little to no wait time
- Reduced exposure to infectious disease
- Lower co-pay: OrthoNow is billed as a specialty office visit, not an ER or urgent care visit, saving you money
- Most insurances accepted

## One-Stop Orthopaedic Care for the Whole Family

OrthoNow welcomes patients of any age and offers onsite access to additional services, including:

- Imaging (Xray, CT, MRI)
- Casting, Bracing, and Splinting
- Physical Therapy and Hand Therapy
- Pain Management
- Chiropractic Care

## Open Extended Hours For You

- Open weeknights until 7:30 pm at both OrthoNow locations
- Open Saturdays from 8 am-2 pm at Quarry Area OrthoNow location
- Same-day appointments accepted
- Walk-ins welcome

OrthoNow  
TREATED OVER  
4,750 PATIENTS  
IN 2018



**ORTHONOW**  
**INJURY CLINIC**  
— BY TSAOG —





# Outpatient Surgery Center

Our outpatient surgery facility is designed to address the needs of patients in a one-stop setting by providing licensed, certified staff specializing in orthopaedic care. The Orthopaedic Surgery Center of San Antonio (OSCSA) has been an accredited member of the Accreditation Association for Ambulatory Health Care since 2006.

The OSCSA features state-of-the-art operating rooms equipped with:

- High Definition scopes and cameras providing surgeons with digitally enhanced images to better repair damaged structures.
- Streaming capabilities for distance learning among medical professionals.

We strive to combine the latest in equipment, technology and facilities with a friendly and supportive atmosphere for your surgical care.

## 2018 OSCSA Procedures

GENERAL ORTHOPAEDICS	485
FOOT & ANKLE	668
PODIATRY	117
SPORTS MEDICINE	2,384
HAND & UPPER EXTREMITY	1,907
SPINE	45
PAIN MANAGEMENT	4,615



*AAAHC accreditation means that The Orthopaedic Surgery Center of San Antonio meets or exceeds nationally-recognized Standards for patient safety and quality of care.*



***In 2018, only 0.13% of OSCSA surgical patients experienced infections.***



# Patient Experience

Here's what people are saying:

*"Dr. Ochoa provided a very thorough explanation of my injury and treatment options. He allowed for questions and provided answers. He has great bedside manner, and I trusted his recommendations. I would recommend Dr. Ochoa to my family and friends."*

Quote obtained from [healthgrades.com](http://healthgrades.com)

*"Being a knee surgeon getting ready for knee surgery is a bit daunting. You know too much. I've searched for a surgeon for months, and now I am on Dr. DeBerardino's schedule. I'm confident I'm in good hands."*

Quote obtained from [vitals.com](http://vitals.com)

*"Dr. Duncan is very kind and compassionate, as well as thorough. He really listens to his patients and takes his time with you. I had two surgeries prior to seeing him, and he went over everything with me, making sure I had no questions or concerns. He performed a 360 fusion on my lumbar spine, and I felt the difference as soon as I came out of surgery. He continues his education and uses the most current technology and techniques. I highly recommend Dr. Duncan to anyone who is having Orthopaedic issues. He is a very, very skilled surgeon and genuinely cares about his patients. I trust Dr. Duncan completely. My surgery took all day and was a very extensive surgery. It will take time for complete healing and to know my final outcome, but I know Dr. Duncan has given me the gift of functionality with the possibility pain-free future!"*

Quote obtained from [vitals.com](http://vitals.com)

*"I was referred to Dr. Woodbury for hand problems that turned out to be carpal tunnel that needed surgery. From the very first visit, I felt comfortable enough to go ahead and plan surgery on both hands. He explained everything so that I knew what was involved with the surgery and recovery. I have been to many doctors over my 67 years, but Dr. Woodbury is a rare find of professionalism and caring. Appointments were always on time with a friendly, knowledgeable staff."*

Quote obtained from [vitals.com](http://vitals.com)

*"I was referred to Dr. Montanez to evaluate my hand. I was previously diagnosed with arthritis of the wrist and had received several injections without relief. Dr. Montanez showed me and explained why my hand was so painful. As a result, I agreed to his plan in treatment and left the office in less pain. I was very pleased with Dr. Montanez. He was genuine, compassionate, and easy to relate to. My visit was not rushed, and I left very satisfied. I recommend Dr. Montanez highly and without hesitation."*

Quote obtained from [google.com](http://google.com)

*"Dr. Hughes knew exactly what to look for when I explained my heel pain. He informed me what I needed, advised what stretches I should do, and suggested better-fitting shoes. He was personable, professional, and very informative. My heel feels so much better! I will definitely go back when needed, and I have already told my family and friends about him. I'm very pleased with the outcome. Thank you, Dr. Hughes!!!"*

Quote obtained from [healthgrades.com](http://healthgrades.com)

*"Dr. Rowland worked on my hand twice with great results each time. When I had a random ligament tear, he suggested that it was highly unusual based on my actions when it happened and recommended I look further for the root cause. Without that statement, I would be curled up in bed by now, hurting too much to move. I took action and found I have several bigger issues that may well have contributed to my hand problems. Because he looked at "why" instead of just "what," I got the help I needed.."*

Quote obtained from [healthgrades.com](http://healthgrades.com)



# Community Involvement

TSAOG is proud to participate in activities involving our community. We understand that giving back allows us to improve the lives of those we serve.



L.I.G.H.T. is the name we've given to TSAOG's effort to support our community, both through charitable donations and the giving of our time and talent. These activities help us to uphold our *core values* of compassion, community, and teamwork. Each year, the employees are asked to choose charitable organizations to which we will contribute as a group. For 2018, the TSAOG family donated their time, talent, and treasure to the following organizations:

MONTH	ORGANIZATION
JANUARY	Cystic Fibrosis - Lone Star Chapter
FEBRUARY	Wounded Warrior Project of San Antonio
MARCH	San Antonio Haven for Hope
APRIL	San Antonio Food Bank
MAY	Child Advocates of San Antonio
JUNE	The Children's Shelter
JULY	Danette Honesto Scholarship Fund
AUGUST	TSAOG Employee Assistance Fund
SEPTEMBER	Rape Crisis Center
OCTOBER	Prader Willi Research Foundation
NOVEMBER	Meals on Wheels
DECEMBER	Battered Women's Shelter of Bexar County

## Prader-Willi Research Foundation One Small Step Walk

TSAOG's Dr. Sergio Viroslav has a daughter with Prader-Willi Syndrome, so this cause is close to the heart of the TSAOG family. Each year, employees raise funds and participate in a walk to raise awareness and contribute towards finding a cure for this disease.

*"We do this to help kids with Prader-Willi. We do this because it's the only way to fight. It's the only way to find a cure." Dr. Sergio Viroslav*

## Cystic Fibrosis Foundation Tower Climb and Run



Another cause supported by the TSAOG family is the mission to find a cure for cystic fibrosis. TSAOG's Dr. Kevin Kirk's son has cystic fibrosis and the TSAOG family participates in the Tower Climb and Run, a unique athletic event consisting of a 1-mile run and climbing the 952 steps of The Tower of the Americas. This annual event, sponsored by the Lone Star Chapter of the Cystic Fibrosis Foundation, raises money to work towards a cure for CF.

*"Donations to the Cystic Fibrosis Foundation help fund the scientific research that adds tomorrows for those children and adults living with CF." Dr. Kevin Kirk*



# Research and Education

Education and training are core values at TSAOG. Our physicians mentor and train medical students and residents from around the world, write and edit orthopaedic textbooks, publish their work in peer-reviewed journals, and present at local, national, and international conferences on various topics in orthopaedic surgery.

Through our partnership with Baptist Health System, TSAOG physicians also provide educational lectures for people in the community to learn more about orthopaedic conditions and their treatment options.



*According to a report from the United States Bone and Joint Initiative (USBJI), an estimated one in two American adults are affected by a musculoskeletal condition—costing an estimated \$213 billion in annual treatment, care and lost wages.*

*To help mitigate these costs, medical research institutions like the Burkhart Research Institute for Orthopaedics (BRIO) must pioneer the development of revolutionary treatments and techniques that offer major benefits in cost-effectiveness and patient outcomes.*



*The Burkhart Research Institute for Orthopaedics (BRIO) is an independent,*

*non-profit 501(c)3 that serves as an academic research center as well as a clinical research site, conducting industry research. This Institute allows physician-researchers to address clinical questions and concerns through a fast, innovative research approach that serves patients by offering the latest in cutting-edge technology.*

*Research conducted at BRIO allows the physicians of TSAOG Orthopaedics to offer the best available options, treatments, and cost savings - identified through evidence-based research. Our findings are published and presented to educate our peers in the field of orthopedic surgery and to benefit orthopaedic patients worldwide.*



## 2018 YEAR IN REVIEW:



### PUBLICATIONS

Published Articles: **13**

Published Book Chapters: **7**

### PRESENTATIONS

National / International

Presentations: **14**

State Presentations: **2**

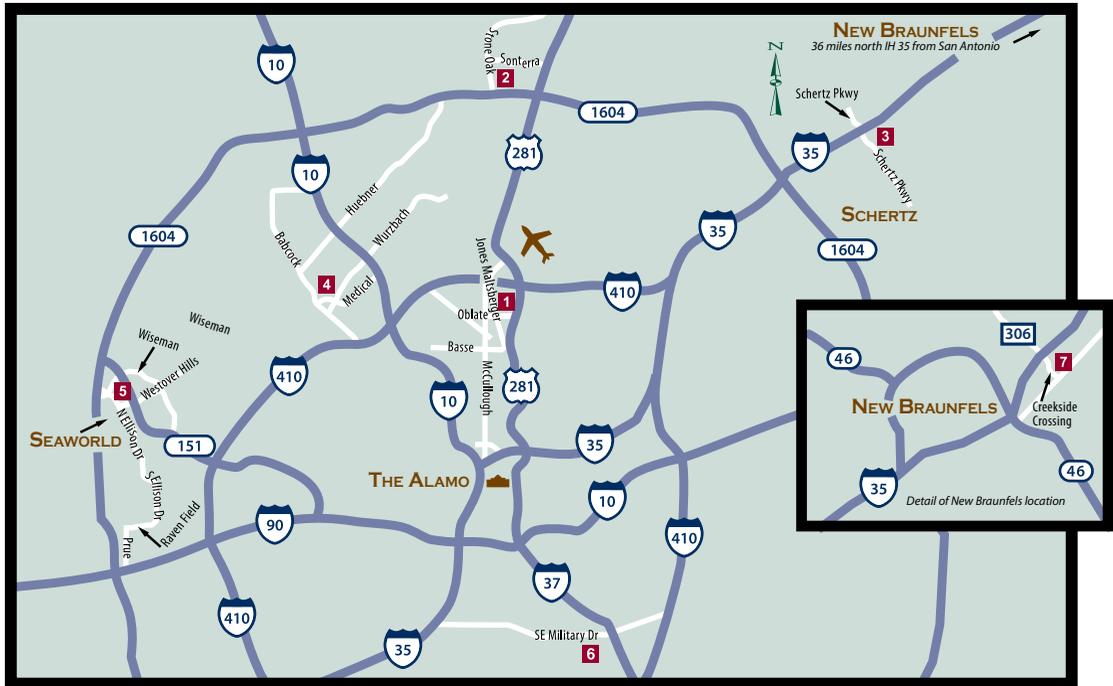
Local Presentations: **30**

### PHYSICIAN SYMPOSIUMS

Faculty: **10**



# Our Locations



## 1 Quarry Area

The Orthopaedic Institute  
400 Concord Plaza Dr., Suite 300  
San Antonio, TX 78216  
Physical Therapy / Imaging Center / Ambulatory Surgery Center  
Hand Therapy / OrthoNow Walk-In Injury Clinic

## 2 Stone Oak

Stonetera Medical Plaza  
150 E. Sonterra Blvd., Suite 300  
San Antonio, TX 78258  
Physical Therapy / Hand Therapy / Chiropractic Services/  
OrthoNow Walk-In Injury Clinic

## 3 Schertz

Schertz Parkway Professional Plaza  
5000 Schertz Parkway, Suite 600  
Schertz, TX 78154  
Physical Therapy / Hand Therapy

## 4 Medical Center

Santa Rosa N.W., Tower I  
2829 Babcock Rd., Suite 700  
San Antonio, TX 78229  
Physical Therapy / Imaging Center / Hand Therapy

## 5 Westover Hills

Westover Hills Medical, Plaza I  
11212 State Hwy 151, Suite 150  
San Antonio, TX 78251  
Physical Therapy / Hand Therapy

## 6 Brooks City Base

Mission Trail Medical Plaza  
3327 Research Plaza Dr., Suite 404  
San Antonio, TX 78235  
Physical Therapy / Hand Therapy

## 7 New Braunfels

Resolute Retail Plaza  
601 Creekside Crossing, Suite 106  
New Braunfels, TX 78130  
Physical Therapy / Hand Therapy

Visit us on the web: [www.tsaog.com](http://www.tsaog.com)  
210-804-5400 Toll-free: 1-800-445-4263

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San Antonio, TX 78216  
210.804.5400  
[www.tsaog.com](http://www.tsaog.com)

