

The Orthopaedic Surgery Center of San Antonio

combines the latest in equipment, technology and facilities with a friendly and supportive atmosphere for your surgical care.

The surgery center is located on the second floor of The Orthopaedic Institute of San Antonio. The Orthopaedic Institute is a facility designed to address the needs of orthopaedic patients in a one-stop setting.

The building features:

- Outpatient surgical care
- State-of-the-art operating rooms
- Open-ended MRI
- CT and X-ray capabilities
- Physical therapy
- Management offices
- Other medical ancillary services

Our experienced staff is committed to your safety and well-being. Please call us if you have any questions.

Your surgery is scheduled for:

Date: _____

Time: _____

Arrive by: _____ AM PM

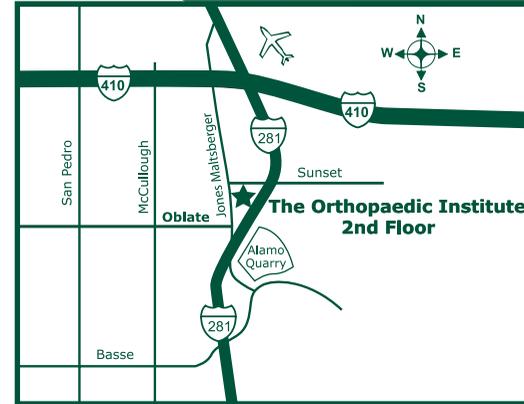
Special Instructions:

Your health & wellness is our first concern.



Your Health ~ Our Mission

ORTHOPAEDIC SURGERY CENTER OF SAN ANTONIO
THE SAN ANTONIO ORTHOPAEDIC GROUP®



The Orthopaedic Surgery Center of San Antonio is located on the second floor of The Orthopaedic Institute.

FROM NORTHWEST

Take Loop 410 east toward the airport and exit Jones Maltzberger (EXIT 21A). Turn right and travel almost one mile south. The Orthopaedic Institute will be on the left immediately after the light on Sunset Street.

FROM SOUTH

Take Hwy 281 north and exit Jones Maltzberger. Turn left at Jones Maltzberger, go through the underpass, and get in the right lane. Stay in the right lane and go through the light at Oblate Street. The Orthopaedic Institute will be on the right a short distance from the light (next to Ruth's Chris Steakhouse).

FROM 1604 OR NORTH

Take Hwy 281 south and take the second Jones Maltzberger exit. (There are two exits. Make sure to take the second exit). Stay in the right lane and follow the exit to Jones Maltzberger. Stay in the right lane that merges onto Jones Maltzberger. Go north through the light at Oblate Street. The Orthopaedic Institute will be on the right, a short distance from the light (next to Ruth's Chris Steakhouse).

FROM NORTHEAST

Travel to Loop 410 west and exit Jones Maltzberger. Turn left and go over the freeway and travel almost one mile. The Orthopaedic Institute will be on the left immediately after the light on Sunset Street.

THE ORTHOPAEDIC INSTITUTE
400 CONCORD PLAZA DRIVE, SUITE 200
SAN ANTONIO, TX 78216

210-253-2660

TOLL FREE 1-800-445-4263

www.tsaog.com

All San Antonio Orthopaedic Group locations are pleased to be smoke-free facilities.

Your Surgery: What to Expect



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Before You Arrive

Your surgeon will discuss with you the details of your surgery. You will be given detailed instructions and a representative will contact you to obtain and confirm necessary personal information.

The Night Before Surgery

- DO NOT eat or drink anything after midnight on the evening before your surgery unless your physician has instructed otherwise. If you eat or drink after midnight, it may be necessary to reschedule your surgery.
- If you are taking medications for high blood pressure, diabetes or nervous disorders, contact your surgeon for additional instructions.
- Medications and anesthesia may be harmful to a fetus, especially in the first 12 weeks of pregnancy. If you are pregnant or think you may be pregnant, please contact your surgeon prior to your scheduled surgery.
- Notify your surgeon of any changes in your health or if you have been exposed to any communicable diseases.
- Please DO NOT drink alcoholic beverages for at least 24 hours prior to your surgery.

The Morning of Surgery

- **You should arrive on the 2nd floor of the Orthopaedic Institute** at least one hour prior to the scheduled surgery time with your photo ID and insurance card.
- Bathe the morning of surgery; if you shampoo your hair, make sure it is dry and do not use hair spray.
- DO NOT wear makeup or lipstick.
- Wear loose-fitting, casual clothing that can be easily removed.
- DO NOT bring rings, watches or other valuables.
- Bring all prescriptions you are currently taking with you.
- Bring a written list of known allergies.

The Day of Surgery

You can play a vital role in making your surgical procedure safe by becoming an active, involved and informed member of your health care team.

- You will need to make arrangements for a responsible adult to take you home following surgery. This may be a friend or relative who can drive you home.
- Report to the second floor Surgery Center.
- Patients must sign a surgical consent form before any medication can be given or surgery performed.
- Minors must have a parent or legal guardian sign a consent form before surgery can be performed.
- Smoking 24 hours before or after surgery may be detrimental to your recovery.
- In accordance with privacy rules and in consideration of you and of other patients, only one person will be allowed to visit you in the pre-op and post-op areas. Please designate that person prior to surgery.

Before the Surgery

The Orthopaedic Surgery Center is required to follow the Universal Protocol to prevent wrong site, wrong procedure and wrong person injury. The staff responsible for your care will verify who you are, what kind of surgery you are having, and the expected place, or site on your body on which surgery is to be performed. You will be asked these questions many times, which may be irritating, but is being done for your safety.

- The doctor or another member of your health care team will mark the correct location on your body in which your procedure is to be performed. This is called site marking and is a critical step in ensuring your safety and preventing errors.
- Make sure that **ONLY** the location where your procedure is to be performed is marked.
- Your doctor will plan to take a “time out” with the surgical team just before beginning your surgery.

During the time out, the members of the health care team assure themselves that they are performing the correct procedure at the correct site and on the correct person.

After the Surgery

- Do not drive, sign important papers or make critical decisions for at least 24 hours.
- Do not operate machinery, power tools, etc. for at least 24 hours.
- Do not drink alcoholic beverages for at least 24 hours.
- A representative will contact you in a day or two after surgery to inquire about your condition.
- Your surgeon will provide you with post-operative instructions regarding diet, rest and medication.

In the event of any difficulties or complications, call your surgeon immediately at _____.

SURGERY CENTER FEES

For most covered surgical procedures, we will bill your insurance for you. If you have a co-payment or deductible, you will know your out-of-pocket costs in advance.

Costs included in quoted charges are:

- admission processing and procedures
- pre-anesthesia examination
- pre-operative preparations
- medications and medical supplies required during your stay while in the operating and recovery rooms

Costs **NOT INCLUDED** in quoted charges are:

professional fees for services provided by your surgeon, anesthesiologist, pathologist, lab, post-discharge medications, bracing, crutches or other types of equipment.

For more information about The Orthopaedic Surgery Center of San Antonio, please visit our site at **www.tsaog.com**.